

Waves of Knowledge: A CME Cruise Experience

Day 1: January 10, 2026 (Embarkation)

- **Location: Fort Lauderdale, Florida**
 - **Departure Time: 4:00 PM**
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Day 2: January 11, 2026 (At Sea)

- **7:45 AM – 8:00 AM: Welcome**
 - **8:00 AM – 9:00 AM: Diabetes Update – Doug Nolan, DO**
 - **9:00 AM – 10:00 AM: Health Policy-Ronnie Martin, DO, PharmD**
 - **10:00 AM – 11:00 AM: Alzheimers – Terence Grewe, DO**
 - **11:00 AM – 12:00 PM: Veteran-Specific Health Risks - Christi Sherill, MPH, MS**
 - **12:00 PM – 1:00 PM: Lunch Break**
 - **1:00 PM – 2:00 PM: Exercise Prescription - Alexis Jones, PhD**
 - **4:30 PM – 6:00 PM Welcome Reception with cocktails (Hosted by OSU-CME and OOA)**
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Day 3: January 12, 2026 (At Sea)

- **8:00 AM – 9:00 AM: Alpha Gal – Natasha Bray, DO**
- **9:00 AM – 10:00 AM: At Home Monitoring – Optimizing Care – Brad Anderson, DO**
- **10:00 AM – 11:00 AM: Hospital at Home – Tyler Jones, DO**
- **11:00 AM – 12:00 PM: AI in Medicine – Michael Hiebert, DO**
- **12:00 PM – 1:00 PM: Lunch Break**
- **1:00 PM – 2:00 PM: TBD – Mark Callery, DO**



Day 4: January 13, 2026 (Port Day - Willemstad, Curacao)

- **Port Time: 8:00 AM – 6:00 PM**
 - **No CME sessions scheduled**
 - **Optional Excursions: Explore Curacao, participate in ship excursions, or enjoy a free day**
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Day 5: January 14, 2026 (Port Day - Oranjestad, Aruba)

- **Port Time: 8:00 AM – 11:00 PM**
 - **No CME sessions scheduled**
 - **Optional Excursions: Explore Aruba, participate in ship excursions, or enjoy a free day**
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Day 6: January 15, 2026 (At Sea)

- **8:00 AM – 9:00 AM: Sports Medicine/OMM TBD – Kim Barron, DO**
 - **9:00 AM – 10:00 AM: Preventive Care Update – Emily Grewe-Nelson, DO**
 - **10:00 AM – 11:00 AM: Cardiology - Dan Wildes, DO**
 - **11:00 AM – 12:00 PM: Understanding Pain Management – Scott Anthony, DO**
 - **12:00 PM – 1:00 PM: Lunch Break**
 - **1:00 PM – 2:00 PM: Update in Internal Medicine - Taryn Haney, DO**
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Day 7: January 16, 2026 (At Sea)

- **8:00 AM – 9:00 AM: Update in Geriatrics– Teresa Hardesty, DO**
- **9:00 AM – 10:00 AM: Legislative Update – Roger Thompson, ThD**
- **10:00 AM – 11:00 AM: Prep and Pep Management – Micah Derby, DO**
- **11:00 AM – 12:00 PM: Cervical Cancer Screening and Contraception Management - Nancy Barr, MD**
- **12:00 PM – 1:00 PM: Lunch Break**
- **1:00 PM – 2:00 PM: Proper Prescribing – Natasha Bray, DO**
- **4:30 PM – 6:00 PM Closing Reception with cocktails (Hosted by OSU-Alumni)**



Day 8: January 17, 2026 (Port Day - Perfect Day at CocoCay, Bahamas)

- **Port Time: 7:00 AM – 5:00 PM**
 - **No CME sessions scheduled**
 - **Optional Excursions: Enjoy a day at CocoCay, participate in beach activities or ship excursions**
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Day 9: January 18, 2026 (Disembarkation)

- **Location: Fort Lauderdale, Florida**
- **Arrival Time: 6:00 AM**
- **Departure from Ship**



CONTINUING MEDICAL EDUCATION

OSU Center for Health Sciences